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**Torrance Bowl-O-Drome**  
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## Put Your Best Foot Forward

By  
**FLORENCE MARY BLAKE**  
Lecturer, Teacher, Consultant

The old saying "Ignorance is bliss", certainly is far from fact when it comes to looks and personality. When we want to improve in these areas of living, it is vitally important that we get acquainted with ourselves and know more accurately what we are really like.

Many a potentially lovely woman has no idea just how attractive she COULD be if she would only analyze herself carefully and where necessary, seek professional help in improving her grooming, speech, and fashion know-how.

A diamond is valuable but not pretty until somebody takes the trouble to polish it. So it is with our own appearance and personality: we all accumulate a covering film of bad habits, care-

lessness or thoughtless mannerism that detract from our real selves.

Once we strip off this moss and learn how to shine with a polished perfection what a rewarding lift we get and what a delight we are to all with whom we come in contact.

If you have ever said, "I wish I knew where to start or how to go about improving myself", then, please don't miss a one of these columns.

To begin to know yourself better today, let's start with some thought on your facial expression. You know it is said that, before thirty a woman makes up her own face, after thirty LIFE makes it up. We are not talking now about facial perfection or the use of make-up to enhance beauty. We mean the picture your thoughts are painting for all the world to read. Look around you at the faces of people everywhere you go. You see stories of bitterness, tension, fear, apathy, anger, distrust, and lack of confidence on many. Do you recognize these attitudes by the frowns, set jaws, tight lips, furrowed foreheads and narrowed eyes? Of course you do. These unbecoming lines can be evident on anyone during times of undue stress but it takes years of habitual thinking of unpleasant thoughts to etch an expression that finally becomes the owners' everyday face.

All the make-up artistry known cannot then effect a disguise. It is not our responsibilities or problems that do it either. It is our habitual attitude toward them. You each know someone who has had many more crosses to bear than you have, whose kind, sweet expression endears them to all. Go take a look in the mirror. Do not smile. Do the corners of your mouth turn down, eyes look dull, lips clamped tightly together in a thin line, and forehead show traces of a frown? Now, please do this. Open your eyes wide, (don't lift your forehead), relax your jaw holding teeth slightly apart, blink frequently, keep your corners of your mouth turned UP and think hard about something pleasant, and SMILE. See the difference? Keep thinking how much more attractive you are becoming and count your blessings instead of your woes.

Teenagers watch that pouty, petulant, "I don't give a darn," expression that is a real hazard to popularity even if you are very pretty.

## Hogue Calls for Bigger Teenage Recreation Plan

"The city better stop sitting on its laurels and push teenage recreation this summer."

So stated Roger P. (Pat) Hogue, City Council candidate, in declaring the teenage program should be stepped up.

He pointed out that over 50 per cent of the city's population are teenagers or pre-teenagers. Hogue asserted that something should be done to form some type of athletic activities for girls, such as the Little League program for boys.

The candidate, of 4630 Torcan st., urged that the proposed \$3,000,000 bond issue be approved by the voters in order to provide more park and recreation facilities.

Hogue, 35, also came out for lighting improvements through assessment districts.

"Torrance is one of the most poorly lighted cities of its size, especially in its newly developed districts," he charged.

He also asked for a solution to the drainage problem and urged increased manpower in the police department.

## Modernization of Fern Ave. School Ordered by State

The 30-year-old Fern ave. School will be rehabilitated rather than razed and rebuilt completely, according to S. E. Waldrup, assistant superintendent.

He said that the State Department of Finance, which approves loans for such purposes, ordered that the two-story structure be modernized.

The school plant was condemned a year ago by a structural engineer who recommended that the school be torn down and replaced by a brand-new structure.

Architects Killingsworth, Brady and Smith will prepare plans for the rehabilitation.

### SCHOLARSHIPS OFFERED

Santa Fe Railway scholarship awards of \$350 each have been authorized for outstanding California 4-H Club members and Future Farmers of America — two for each organization — it was announced today.

In crossing a street at night, drivers and pedestrians never should judge the speed of an approaching car by its headlights alone, warns the National Safety Council. You can't tell how fast those headlights are moving!

## Rebekahs to Meet Monday

The Past Noble Grands of Torrance Rebekah Lodge will hold their regular business and social meeting at the home of Mrs. Mary Sana, 1511 Amapola,

tomorrow night at 8. President Mrs. Glada Yost will preside.

**KEEP GOODS MOVING** through Torrance Press Classified ads! Small cost, big pulling power! Dial FA 8-2345.

## NEW CAR DIRECTORY

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DODGE - PLYMOUTH

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SALES & SERVICE

**WALTER G. LINCH**

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STUDEBAKER

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Political Advertisement

## ALBERT ISEN

INCUMBENT CANDIDATE FOR  
MAYOR OF TORRANCE

**Cordially Invites You**

to attend a Reception and Rally honoring  
ALL candidates for ALL city offices at the  
April 8th Torrance City Election ...

**Saturday Evening, March 29**  
7 P.M. to 11 P.M.

**NATIONAL GUARD ARMORY**

2505 CABRILLO AVE.

TORRANCE

**NO SPEECHES**

**COFFEE AND DONUTS**

**ENTERTAINMENT**

... It is your civic responsibility and privilege to vote—invite your neighbors—come and get acquainted with all the candidates.



## VICTOR E. BENSTEAD JR.

Endorses

**INCUMBENT MAYOR ALBERT ISEN**

Victor E. Benstead Jr., veteran Councilman who received the highest vote ever accorded a Councilman when reelected at the last municipal election, has this to say about ALBERT ISEN's candidacy:

"Mayor ALBERT ISEN is known to his friends and business associates as a man of honor and integrity. We on the City Council have witnessed his enormous capacity for work. The people of this City owe much to his ability and aggressive leadership. In my opinion, Albert Isen is the best Mayor the City of Torrance has ever had."

(Signed)

VICTOR E. BENSTEAD, JR.



# GRAND OPENING!

THURSDAY, MARCH 27 . . . . 9 A. M.

# DALE'S



IN DOWNTOWN TORRANCE

**1334 EL PRADO**

Across from McCown

Next to A&P Market

**THE MOST**

**CUT-RATE DEPARTMENT STORE**

**FABULOUS SELF-SERVICE OPERATION IN CALIFORNIA  
FEATURING CLOTHES FOR**

● INFANTS ● CHILDREN ● GIRLS ● LADIES ● BOYS ● MENS

PRICES THAT ARE FANTASTIC! OUR MERCHANDISE WILL THRILL YOU! 1st QUALITY BRAND NAMES! THIS IS WHAT YOU'VE BEEN WAITING FOR! THIS IS WHAT YOU ASK FOR!

**WATCH FOR IT! THURSDAY, MARCH 27th, 9:00 A.M., SHARP!**